Social Media: Inappropriate & Harmful Code Words and Phrases that are not Obvious to Parent's

Just when you think you covered this, there is more information that needs to get out there, especially to parents – to help them understand the harmful language of Social Media.

The following guide lists code words and phrases that may not be immediately obvious to parents but could indicate on various social media platforms the following:

a. Cyberbullying
b. Suicidal Ideation
c. Signs of Sexual Abuse and Date Rape

Predators, braggart's, and harmful people often use these phrases in subtle ways, making it difficult for parents to recognize harmful behavior.

Cyberbullying

Cyberbullies often use language that may seem casual or harmless on the surface but carries an underlying tone of harassment, exclusion, or manipulation.

A. Instagram

- **"#RT"**: This hashtag stands for "Retweet," but it's used on Instagram to mock someone by sharing or highlighting their embarrassing moments.

- **"Ghosting"**: Used to refer to cutting off all communication with someone without explanation, which can be a form of bullying when done to isolate someone socially.

- **"Take the L"**: This phrase means "take the loss" and is often used to mock someone after a perceived failure or embarrassment.

B. Snapchat

- **"LMIRL"**: Stands for "Let's Meet In Real Life." While it can seem innocent, it's sometimes used by bullies to lure someone into a situation where they plan to humiliate them.

- **"NRN"**: Short for "No Reply Needed," this phrase is often used in a passive-aggressive manner to dismiss someone's messages or contributions.

- **"KMS"**: While typically short for "Kill Myself" (which indicates suicidal ideation), it can also be used in a sarcastic or bullying manner to mock someone.

C. TikTok

- **"Ratio"**: When someone tells another user to "get ratioed," it means they want the person's comment to get more dislikes or negative comments than likes, which can be a form of public shaming.

- **"Pick me"**: This phrase is often used to mock someone who is perceived as trying too hard to get attention or validation, leading to feelings of isolation and exclusion.

- **"CLOWN" emoji** 🤡: Used to call someone a fool or mock them publicly in comments or messages.

D. Twitter (X)

- **"Subtweeting"**: Posting a tweet about someone without directly mentioning their name, often used to talk negatively about someone behind their back in a way that others can recognize.

- **"You've been canceled"**: This phrase implies that someone is socially ostracized or no longer accepted by their peers.

- **"Boomer"**: Used in a derogatory manner to make someone feel out of touch or old, even if they are not. This term can lead to feelings of exclusion or ridicule.

E. Discord

- **"Griefing"**: In gaming communities, this term refers to intentionally ruining the game for others. On Discord, it can extend to bullying behaviors where one person tries to disrupt or ruin someone's experience repeatedly.

- **"Get wrecked"**: This phrase is used to gloat after causing someone else distress, whether in a game or in conversation.

- **"GG EZ"**: Stands for "Good Game, Easy." This can be used to mock someone after a game or argument, suggesting that they were no challenge and essentially useless.

F. YouTube

- **"Leave a timestamp"**: When bullies tell others to leave a timestamp, they are usually referring to an embarrassing or negative moment in a video, encouraging others to pile on comments at that specific point.

- **"Try-hard"**: A term used to mock someone who is seen as putting in too much effort, implying that their effort is futile or ridiculous.

- **"Yikes"**: While seemingly harmless, it's often used to express disapproval or to subtly mock someone's content or appearance.

G. Wattpad

- **"Mary Sue"**: A term used to insult someone's character by implying that they are unrealistically perfect or self-inserted into a story. This can be used to mock a writer's work and discourage them from writing.

- **"Flaming"**: Leaving a series of harsh, critical comments meant to provoke the author or humiliate them.

- **"Beta reader"**: Sometimes used by bullies to manipulate young writers by pretending to offer feedback, only to criticize and demean the person's writing.

Signs of Suicidal Ideation

Individuals who are struggling with suicidal thoughts may not always be direct in their expressions. Instead, they may use language that indicates hopelessness, exhaustion, or a desire to escape.

A. Instagram

- **"I can't keep doing this"**: A phrase that expresses emotional exhaustion and could indicate someone is at the end of their ability to cope.

- **"I'm just tired"**: While it may sound simple, repeated use of this phrase could signal that someone is struggling emotionally and feeling overwhelmed.

- **"Gone soon"**: A subtle way of expressing that they may not be around much longer.

B. Snapchat

- **"Peace out"**: When used in a serious context, it can indicate someone's desire to leave or escape, potentially permanently.

- **"I'm done"**: A phrase often used to express being overwhelmed or emotionally drained, signaling a possible contemplation of suicide.

- **"Checking out"**: This phrase is sometimes used to indicate a desire to disconnect, both from social interactions and potentially from life itself.

C. TikTok

- **"Tagging a final video"**: When someone tags a post as their "last video," it could signal suicidal thoughts.

- **"#nofuture"**: This hashtag, though subtle, can indicate that someone feels hopeless about what lies ahead.

- **"Silence is better"**: A phrase that can indicate someone is contemplating the finality of silence, potentially alluding to suicidal ideation.

D. Twitter (X)

- **"I'm just a burden"**: Expressing feelings of being a burden to others can be a key indicator of suicidal thoughts.

- **"#tired"**: Repeated use of this hashtag can indicate more than just physical tiredness, potentially signaling emotional fatigue and distress.

- **"It's all too much"**: A phrase that suggests someone is feeling overwhelmed and might be considering giving up.

E. Discord

- **"Logging off for good"**: In the context of online gaming or chat, this phrase could indicate a final departure, potentially signaling suicidal thoughts.

- **"No one would miss me"**: Expressing that they feel unimportant or unnoticed, which is a key indicator of suicidal ideation.

- **"Game over"**: While often used in gaming, this phrase can take on a darker meaning if used to express the end of life rather than just the end of a game.

F. YouTube

- **"Final post"**: When someone labels a video as their last or final post, it could be a warning sign of suicidal thoughts.

- **"No more uploads"**: Expressing that they won't be uploading any more content can be a way of signaling an end, possibly to more than just their channel.

- **"Signing off forever"**: A phrase that might suggest they are considering ending more than just their social media presence.

G. Wattpad

- **"I'm done with stories"**: While this may seem like frustration with writing, it could also be a signal that someone is feeling hopeless.

- **"Ending things in real life"**: Sometimes writers express their feelings through their stories, and phrases like this could be a veiled reference to suicidal thoughts.

- **"The end is near"**: Though often used in fiction, this phrase can indicate that someone is contemplating the end of their own life.

Sexting
nude photos
and videos is
ILLEGAL!
(click here for specific
details of the Law)

Signs of Sexual Abuse and Date Rape

Predators often use subtle, coded language to manipulate, groom, or coerce their victims. These terms may seem harmless to an outsider but can carry significant weight in context.

A. Instagram

- **"It's our little secret"**: A common phrase used by predators to groom victims and keep their actions hidden from others.

- **"Prove you trust me"**: A manipulative phrase that pressures the victim to engage in inappropriate behavior under the guise of building trust.

- **"Meet me IRL (In Real Life)"**: While it may seem innocent, this phrase can be used to lure someone into a real-world encounter with potentially harmful intentions.

B. Snapchat

- **"SN for SN"**: Short for "Send Nudes for Send Nudes." This phrase is used by predators to initiate the exchange of explicit content.

- **"Lowkey"**: Often used in contexts where the speaker wants to keep something quiet or hidden, it can be used to initiate secretive behavior or meetups.

- **"After party"**: Predators might use this phrase to suggest a private meetup after a group event, often with harmful intentions.

C. TikTok

- **"Catch a vibe"**: A phrase that can be used to suggest meeting up or engaging in sexual activities, often presented casually to mask the true intention.

- **"Come through"**: An invitation to meet up, often implying that the meetup will include sexual activity.

- **"Sneaky link"**: Refers to a secret hookup or meeting, usually for sexual purposes, and can indicate that someone is trying to engage in secretive or inappropriate behavior.

D. Twitter (X)

- **"DM for fun"**: While this phrase might seem lighthearted, it can be used by predators to invite someone into direct messages for inappropriate conversations or exchanges.

- **"Down to chill?"**: This seemingly innocent phrase can be used to suggest meeting up with the expectation of sexual activity.

- **"You up?"**: Often used late at night, this phrase can be a subtle way of initiating a conversation that leads to sexual advances.

E. Discord

- **"ERP"**: Stands for "Erotic Role Play." Predators might use this term to suggest sexual conversations or scenarios in private chats.

- **"NSFW"**: Short for "Not Safe for Work." This term is used to flag content that is sexual or explicit, and predators might use it to initiate the sharing of inappropriate material.

- **"Let's go private"**: Used to suggest moving a conversation to a private space, often with the intention of discussing or sharing inappropriate content.

F. YouTube

- **"Let's collab"**: While this phrase might seem innocent, it can sometimes be used by predators to lure young creators into private conversations or meetings under the guise of collaboration.

- **"Check your DMs"**: Predators might use this phrase in public comments to direct their victim to a private message where they can manipulate them away from the public eye.

- **"Exclusive content"**: This phrase can be used to entice someone into sharing or viewing inappropriate material, often implying that the content should be kept secret.

G. Wattpad

- **"Special scene just for you"**: A phrase that might be used by predators pretending to offer exclusive content, often as a way to manipulate the victim into engaging with sexual or explicit material.

- **"Let's chat off-platform"**: Used to move the conversation to a private space where predators feel less likely to be caught or monitored.

- **"You're so mature for your age"**: A common phrase used by predators to groom younger victims by making them feel special or older than they are.

Conclusion

These code words and phrases may not be immediately recognizable as harmful to parents, but they can be warning signs of cyberbullying, suicidal ideation, or grooming behavior for sexual abuse and date rape. Monitoring these subtle signals and using tools like ChatGPT to analyze patterns can help identify and address potential dangers early on.